

Thompson Giroux Gallery
57 Main Street
Chatham, NY 12037
518-392-3336

Marie-Claude Giroux

Any Moment Now

June 18 – July 24, 2022



d'un moment à l'autre, 2022, Fabric paper ink watercolor, 36" x 36" by Marie-Claude Giroux

I've always seen music as the most powerful of the arts, its non physical and has an ability to transport me through time and space, Its open qualities and spiritual stimulation penetrate my soul/body/brain connection. When I work creatively with sound and use intentional mindfulness, I feel I am putting my ears and my heart in alignment with the heart of nature.

Sound exploration and music have always been in my life I was born into a musical family my mom an opera singer was very dedicated to our education. My musical training started early, as a child my mom facilitated many "sound meditation" or "Music appreciation" as she used to call it. Long sessions in my parent's large king size bed in the dark. My five sisters and I would lay down like sardines and wear the large 1970's stereo headphones and listen to hours of known and obscure classical musical compositions from around the world. I often had vivid dreams and hallucinations while listening to the music in the dark.

These experiences have had a huge impact on me and as I recall them now.

Sound is Life. Life experiences are built around sound. All beings on earth create sound. If sound has been around all along and it has created all that is “the physical” and our own existence is possible only through vibrations and standing waves that have come from the past, then wouldn’t those same laws apply to us as sound makers and vibrating beings. We are creators, we are prophets, we are energy; Plain and simple we have the individual and the collective power to create reality on earth and in our own bodies. Our ability to hold both real and imagined ideas thoughts and levels of consciousness is often a balancing act, especially because of cultures in families and in societies. To do the “work” means you come into awareness about self. We decide to lean on our own strong drive or willpower and begin to make choices to diminish the negative self talk and addictive behaviors that keep us locked up in fear and chose to step Way Out of our comfort zone and take little steps towards self love and discover our wildly creative natures.

In my spiritual practice we use sage and cedar to cleanse the space- the sense of smell and brain chemistry is altered to get us in tune with the present moment. I have observed sound doing a similar thing with clearing space for self healing and self discovery. Sound travels through the air and is disturbed and is received through my eardrum mechanism, these are sound waves and they continue through my bones, my tissues and my organs. I recognize this as true, yet more subtle is the effort it takes to Get to know my resonance and begin to become an interpreter of resonance, to read the patterns. I am learning to find it, hold on to it and direct it. I continue to offer myself compassion as I learn a whole new language.

It has been proven that sound is both creative and destructive. I now understand it better now it’s moving forward and then moving back and forward etc like a spring into infinity so it has this ability to create and organize itself into several waves or new waves or into a new stable standing wave that can push out, wiggle out, shake out previous obstacles that might look like old limiting beliefs, thoughts, ideas, feelings and emotions that are not in alignment with the true and essential self.

Music and now sounds and overtone explorations are my new best friend. They create for me a place of non duality and spaciousness to escort me down dark corridors leading to my unhealed wounds- Big open opportunities to use the alchemy of sound practices to transform old reasonings and denials. Essentially it is my belief that when we are inviting ourselves to deepen our understanding of music and sound and by allowing what we do not know to arise within us during meditative states we are in tune with our sound bodies and this is an allowing this is a gentle force that flows through us. It is this force that ignites our curiosity and invites a oneness and relaxed state of being. My meditation and mindfulness practices are amplified by the use of sound and In this place of deep relaxation and creativity I have found myself. I am here.

On view June 18 – July 24, 2022

Thursday - Monday

11-5

Closed on Monday July 4th in observance of Independence Day

Masks recommended. The gallery is limiting the number of people in the gallery at a time. For more information visit thompsongirouxgallery.com

Thompson Giroux Gallery

thompsongirouxgallery.com

Marie-Claude Giroux

June 18 - July 24, 2022



Marie-Claude Giroux

Plate #14, 2022

Collage, ink, acrylic on paper

20" x 17" framed

\$800.00



Marie-Claude Giroux

Plate #22, 2022

Collage, ink, acrylic on paper

20" x 17" framed

\$800.00



Marie-Claude Giroux

Plate #9, 2022

Collage, ink, acrylic on paper

20" x 17" framed

\$800.00



Marie-Claude Giroux

Plate #15, 2022

Collage, ink, acrylic on paper

12" x 12" framed

\$400.00



Marie-Claude Giroux

Plate #11, 2022

Collage, ink, acrylic on paper

12" x 12" framed

\$400.00



Marie-Claude Giroux

Plate #12, 2022

Collage, ink, acrylic on paper

12" x 12" framed

\$400.00

Thompson Giroux Gallery

thompsongirouxgallery.com

Marie-Claude Giroux

June 18 - July 24, 2022



Marie-Claude Giroux

Plate #29, 2022

Collage, ink, acrylic on paper

12" x 12" framed

\$400.00



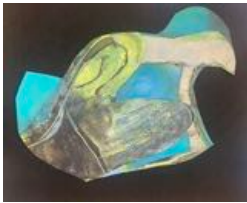
Marie-Claude Giroux

Plate #13, 2022

Collage, ink, acrylic on paper

20" x 17" framed

\$800.00



Marie-Claude Giroux

Plate #4, 2022

Collage, ink, acrylic, wood filler on paper, pins

17" x 20" framed

\$800.00



Marie-Claude Giroux

Untitled 5, 2022

Collage, mixed media on canvas

36" x 31"

\$1,000.00



Marie-Claude Giroux

Plate #7, 2022

Collage, ink, acrylic, wood filler on paper

20" x 17" framed

\$800.00



Marie-Claude Giroux

Plate #8, 2022

Collage, ink, acrylic on paper

17" x 20" framed

\$800.00

Thompson Giroux Gallery

thompsongirouxgallery.com

Marie-Claude Giroux

June 18 - July 24, 2022



Marie-Claude Giroux

Plate #20, 2022

Collage, ink, acrylic on paper

17" x 20" framed

\$800.00



Marie-Claude Giroux

Tangled/Untangled #5, 2022

Ink, pastel, watercolor, acrylic medium, glue, gesso, pencil on paper

22" x 30" unframed

\$1,000.00



Marie-Claude Giroux

Plate #10, 2022

Collage, ink, acrylic on paper

17" x 20" framed

\$800.00



Marie-Claude Giroux

Tangled/Untangled #9, 2022

Ink, pastel, watercolor, acrylic medium, glue, gesso, pencil on paper

22" x 30" unframed

\$1,000.00



Marie-Claude Giroux

Plate #3, 2022

Collage, ink, acrylic on paper

20" x 17" framed

\$800.00



Marie-Claude Giroux

Plate #18, 2022

Collage, ink, acrylic on paper

12" x 12" framed

\$400.00



Thompson Giroux Gallery

thompsongirouxgallery.com

Marie-Claude Giroux

June 18 - July 24, 2022



Marie-Claude Giroux

Plate #30, 2022

Collage, ink, acrylic on paper

12" x 12" framed

\$400.00



Marie-Claude Giroux

Plate #19, 2022

Collage, ink, acrylic on paper

12" x 12" framed

\$400.00



Marie-Claude Giroux

Plate #17, 2022

Collage, ink, acrylic on paper

12" x 12" framed

\$400.00



Marie-Claude Giroux

Plate #23, 2022

Collage, ink, acrylic on paper

17" x 20" framed

\$800.00



Marie-Claude Giroux

Untitled 3, 2022

Collage, mixed media on canvas

39" x 26"

\$1,000.00



Marie-Claude Giroux

Tangled/Untangled #12, 2022

Ink, pastel, watercolor, acrylic medium, glue, gesso, pencil on paper

22" x 30" unframed

\$1,000.00

Thompson Giroux Gallery

thompsongirouxgallery.com

Marie-Claude Giroux

June 18 - July 24, 2022



Marie-Claude Giroux

The Rhythm of My Heart, 2022

Mixed media

Site specific installation by commission

\$6,000.00



Marie-Claude Giroux

Plate #24, 2022

Collage, ink, acrylic on paper

20" x 17" framed

\$800.00



Marie-Claude Giroux

Plate #6, 2022

Collage, ink, acrylic on paper

20" x 17" framed

\$800.00



Marie-Claude Giroux

Plate #16, 2022

Collage, ink, acrylic on paper

17" x 20" framed

\$800.00



Marie-Claude Giroux

Plate #21, 2022

Collage, ink, acrylic on paper

20" x 17" framed

\$800.00



Marie-Claude Giroux

Plate #5, 2022

Collage, ink, acrylic, wood filler on paper

17" x 20" framed

\$800.00

Thompson Giroux Gallery

thompsongirouxgallery.com

Marie-Claude Giroux

June 18 - July 24, 2022



Marie-Claude Giroux and Mandana MacPherson

WORD SALAD, 2022

An interactive installation

Mixed media

\$10,000.00 by commission